

## About Clearview OCD Counseling, LLC

Clearview OCD Counseling, LLC is a **specialty private practice** that provides **evidence-based treatment** for OCD, phobias, anxiety, BFRBs, ADHD, trauma/PTSD, and addictive/compulsive disorders. We operate exclusively as a private pay, concierge-style practice, offering highly individualized, wraparound services, including in-depth case management, to meet each client's unique needs. Our clinicians and interns maintain **smaller caseloads** to provide more comprehensive and holistic care.

Clearview serves **clients of all ages** at our offices in **Sudbury, MA, and Worcester, MA**. Our newly designed Sudbury location features private offices, high-end furnishings, original artwork, and a dedicated children's and teen therapy room filled with therapeutic toys and games. The space accommodates individual sessions, group therapy, family therapy, play therapy, expressive arts therapies, and professional trainings. We also offer **in-home and community-based therapy** when clinically indicated, and about **50% of our clients utilize telehealth or a hybrid model**.

Clearview is **clinician-owned**, prioritizing **staff well-being** and immersive training. Supervision is led by an **international expert in OCD and related disorders** with extensive experience mentoring interns and early-career clinicians. We emphasize a **collaborative, team-based approach** where clinicians support one another, frequently co-facilitating cases and groups in a **collegial, supportive environment**.

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## Graduate Internship Experience

Interns begin with orientation, training, and session shadowing in June to prepare for a small caseload by August or September. Our **self-paced summer training program** allows students to balance learning with other commitments. Interns gain access to **Clearview's proprietary online training hub**, featuring real client intakes, therapy session recordings, and curated resources (books, podcasts, etc.). Shadowing opportunities (virtual and in-person) with a licensed supervisor are included, and practicum hours are typically completed before fall semester begins. By the end of the internship, students gain proficiency in **evidence-based interventions**, including:

- ✓ **Exposure and Response Prevention (ERP)**
- ✓ **Prolonged Exposure (PE)**
- ✓ **Cognitive Processing Therapy (CPT)**
- ✓ **Trauma-Focused CBT (TF-CBT)**

- ✓ **Written Exposure Therapy (WET Protocol)**
- ✓ **Cognitive-Behavioral Therapy (CBT)**
- ✓ **ComB Model & Habit Reversal Training (HRT)**
- ✓ **Addiction Recovery Models** (12-Step, Recovery Dharma, Refuge Recovery, SMART Recovery)

Interns also have **optional training** in **expressive arts therapy, sand tray, and play therapy** (led by a supervisor with dual master's degrees in expressive therapies and clinical mental health counseling). We **do not assign busy work**—our focus is on developing strong clinical skills, promoting client recovery, and enhancing professional growth.

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## The Ideal Intern Candidate

- ✓ **Self-motivated and independent**
  - ✓ **Comfortable working collaboratively in a close-knit team**
  - ✓ **Organized, reliable, and detail-oriented**
  - ✓ **Creative and adaptable in their approach**
  - ✓ **Warm, approachable, and skilled at working with anxious clients**
  - ✓ **Eager to learn and apply exposure-based therapies (ERP, PE, etc.)**
  - ✓ **Committed to using evidence-based interventions**
  - ✓ **Interested in potential post-graduate employment**
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## Graduate Intern Position

This position provides **hands-on clinical experience**, mentorship, and professional development in a **dynamic, team-oriented environment**. Interns work with **children, teens, and adults** while gaining exposure to a range of **evidence-based therapeutic modalities**.

### Primary Responsibilities

- ✓ **Mental Health Counseling** – Provide individual, group, and family therapy
- ✓ **Assessment & Diagnosis** – Conduct intakes, develop treatment plans, and maintain progress notes.
- ✓ **Training Project** – Create and record at least **two training videos** on a clinical topic of choice

to contribute to Clearview's online training hub.

✓ **Administrative Tasks** – Maintain client records, coordinate with collateral contacts, and communicate with clients via email or phone.

✓ **Team Collaboration** – Participate in team meetings, case consultations, and co-facilitate groups or in-service trainings at other organizations.

✓ **Professional Development** – Engage in **Clearview's immersive training program**, attend external workshops, and enhance clinical skills through ongoing education.

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### Qualifications

✓ Currently enrolled in a master's-level mental health counseling or social work program.

✓ Strong critical thinking and problem-solving skills.

✓ Excellent written and verbal communication.

✓ Proficient in Microsoft Office Suite (Word, Excel, PowerPoint).

✓ Able to work independently while collaborating within a team.

✓ Highly organized and detail-oriented.

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### Requirements

✓ Must have a vehicle and complete at least 50% of hours in-person

✓ Must be open to the possibility of employment upon graduation (we strive to minimize transitions and disruptions for our clients and team)

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### Internship Benefits

✦✦ **Hands-on clinical experience** in a specialty practice.

✦✦ **Mentorship from an international expert** in OCD and related disorders.

✦✦ **Opportunities for networking & career development.**

✦✦ **Potential for post-graduate employment.**

✦✦ **Optional stipends** for exceptional applicants or those traveling long distances.

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### Application Process

To apply, please submit:

✓ **Resume**

✓ **Cover letter** outlining qualifications and interest in the role

✓ Any **relevant work samples or references**

Selected applicants will be invited for an interview.

We look forward to welcoming a **motivated and passionate graduate intern** to our team!